

Resources

Non-binary, Transgender, and other LGBTQIA+ people and issues

Websites

- A collection of more resources: <https://buffer.com/resources/lgbtqia-resources/>
- Vocabulary: <https://thesafezoneproject.com/resources/vocabulary/>
- Human Rights Campaign: Transgender Youth: <https://www.hrc.org/resources/transgender-children-and-youth-understanding-the-basics>
- “[My Pronouns Are She/They. What Are Yours?](#)” (Harvard Business Review, June 15, 2021)
- [Trans 101 Gender Diversity Crash Course](#)

Podcasts

- “[Journeys Through Gender](#)” (To the Best of Our Knowledge, January 15, 2022)

YouTube videos

- Minus18 Channel: <https://www.youtube.com/user/Minus18TV>

Books

- Stryker, Susan. *Transgender History: The Roots of Today's Revolution*. Berkeley: Seal Press, 2017.
- Gill-Peterson, Julian. *Histories of the Transgender Child*. Minneapolis: University of Minnesota Press, 2018.

Support Groups & Further Resources

- The Trevor Project (for LGBTQ Youth): <https://www.thetrevorproject.org/>
- Gender Spectrum: <https://www.genderspectrum.org/>
- PFLAG/Straight for Equality: <https://straightforequality.org/trans>
- National Center for Transgender Equality: <https://transequality.org/>
- GLAAD: <https://www.glaad.org/transgender/resources>

Doing your own research? Reading about LGBTQIA+ issues in the news? Watch out for fake news!

<https://www.factcheck.org/2016/11/how-to-spot-fake-news/>

Today's Glossary

cisgender /"siss-jendur"/ – adj. : a gender description for when someone's sex assigned at birth and gender identity correspond in the expected way (e.g., someone who was assigned male at birth, and identifies as a man). A simple way to think about it is if a person is not transgender, they are cisgender. The word cisgender can also be shortened to "cis."

feminine-of-center; masculine-of-center – adj. : a phrase that indicates a range in terms of gender identity and expression for people who present, understand themselves, and/or relate to others in a generally more feminine/masculine way, but don't necessarily identify as women or men. Feminine-of-center individuals may also identify as "femme," "submissive," "transfeminine," etc.; masculine-of-center individuals may also often identify as "butch," "stud," "aggressive," "boi," "transmasculine," etc.

gender expression – noun : the external display of one's gender, through a combination of clothing, grooming, demeanor, social behavior, and other factors, generally made sense of on scales of masculinity and femininity. Also referred to as "gender presentation."

gender identity – noun : the internal perception of one's gender, and how they label themselves, based on how much they align or don't align with what they understand their options for gender to be. Often conflated with biological sex, or sex assigned at birth.

genderqueer/non-binary – 1 adj. : a gender identity label often used by people who do not identify with the binary of man/woman. 2 adj. : an umbrella term for many gender non-conforming or non-binary identities (e.g., agender, bigender, genderfluid).

LGBTQ; GSM; DSG – abbr. : shorthand or umbrella terms for all folks who have a non-normative (or queer) gender or sexuality, there are many different initialisms people prefer. LGBTQ is Lesbian Gay Bisexual Transgender and Queer and/or Questioning (sometimes people add a + at the end in an effort to be more inclusive); GSM is Gender and Sexual Minorities; DSG is Diverse Sexualities and Genders. Other options include the initialism GLBT or LGBT and the acronym QUILTBAG (Queer [or Questioning] Undecided Intersex Lesbian Trans* Bisexual Asexual [or Allied] and Gay [or Genderqueer]).

sex assigned at birth (SAAB) – abbr. : a phrase used to intentionally recognize a person's assigned sex (not gender identity). Sometimes called "designated sex at birth" (DSAB) or "sex coercively assigned at birth" (SCAB), or specifically used as "assigned male at birth" (AMAB) or "assigned female at birth" (AFAB): Jenny was assigned male at birth, but identifies as a woman.

transgender – 1 adj. : a gender description for someone who has transitioned (or is transitioning) from living as one gender to another. 2 adj. : an umbrella term for anyone whose sex assigned at birth and gender identity do not correspond in the expected way (e.g., someone who was assigned male at birth, but does not identify as a man).