

Your Question

Don't treat these questions like "homework" or try to answer every one. Instead, make time to meditate on the list and then pick the one question that speaks to you most. The goal is to figure out which question is "yours." Which question captures the call of your inner voice? Which one contains "your work"? And what is that question trying to get you to notice or acknowledge?

Often it helps to read the list to a friend or loved one and ask them which question they think is the question you need to wrestle with!

1. When were you "saved" by someone who widened a circle to let you in?
2. Are you a circle maker, a circle joiner or a circle avoider?
3. Who needs you to widen the circle for them?
4. Has an experience of being excluded permanently left a mark on you?
5. Has an experience of failing to confront racism permanently left a mark on you?
6. How has your definition of racism widened or shifted since you were younger?
7. How has your answer to "Are you racist?" changed over the years?
8. What beloved aspect of "UU worship" might you have to let go of to make UU worship more inclusive?
9. How has your definition of patriotism changed and widened over the years?
10. Has taking a trip ever widened your circle of concern?
11. Is your circle of friends keeping you small?
12. Could shrinking your circle of aspirations set you free?
13. Has your sense of self ever widened so much that you've felt "one with the universe"?
14. What has life taught you about widening circles to include your "enemies"?
15. Covid shrank our circles of connection. Is there any way in which that was a blessing to you?
16. **What's your question?** Your question may not be listed above. As always, if the above questions don't include what life is asking from you, spend the month listening to your days to hear it. Or maybe the question or call you need to hear is waiting in one of the quotes listed below. Consider looking there!