Lake Fellowship Mission Statement:

To provide opportunities for learning, personal growth and service in an atmosphere of freedom and fellowship



Fellowship News

AKE FELLOWSHIP OF UNITARIAN UNIVERSALISTS.

AUGUST, 2014

Lake Fellowship is a lay-led Unitarian Universalist congregation. We meet Sundays from the week after Labor Day to the week before Memorial Day. There is no program between Christmas and New Year's.

Adult Program: 10:30 a.m. Children's Program: 10:30 a.m.

• Religious Education for children is provided during the adult program

Lake Fellowship is located at 24575 Glen Road, Shorewood, in an A-frame building one block west of Hwy 19.

 Mailing address: Box 174, Excelsior, MN, 55331 Telephone: 952-474-8064

Chairman's Corner

by Don Penn

I hope everyone is having a great summer so far. We've had some fun activities with the Fellowship folks this summer including Ruby and Rachel's graduation parties (high school and college respectively), game night at the Fellowship, small dinner get-togethers planned back in the Spring, a great camping/canoe trip at Wild River, a milestone birthday celebration for Beatriz Aguerrevere, and the ever-popular picnic at Jo Hermann's.

This year we also intend to continue our regular tradition of alternating game/movie nights at the Fellowship and holding our annual auction again in the Spring. Speaking of which, we raised a record \$4000 from our auction this past spring and some of that money is already being put to good use.

You'll notice a couple of small building changes when we begin meeting again in September:

1. New flooring in the basement. We had to pull the old carpet out due to prolonged saturation with the spring rains. The board met to discuss this, and Sharon Dana (with help from Beatriz Aguerrevere) took the lead role in researching options. They've put a plan in place to address this before the new program season begins. With help from Sharon's son Chris (and fellowship friend Mark Haarman), they devised a cost-effective alternative to expensive flooring systems, and I think you'll be pleased with the results.

- 2. A revised entry leading up to the outside steps. The old planting was removed and new plantings will be put in place. A latticed trellis was also installed to cover up the open space now visible under the front porch.
- 3. New coatings on the exterior wood surfaces. Thanks to a lot of volunteer labor from a local scout troop (with the involvement of Tim McGlynn and Rob Segal from the Fellowship), a durable, ceramic-based paint has been applied to the porches, steps, railings and exterior walls. In essence, the entire outside of the building has been refinished and it looks amazing!
- 4. Also thanks to Eagle Scout candidate Michael Slattery (and his scout troop, which includes Leo Segal), we have a beautiful new walking path through the woods behind the A-frame. Be sure to enjoy a hike on this wonderful addition to our property!



5. New door and window blinds on the bathroom upstairs. These are long overdue.

Beyond that, we're (finally) on our new web host. Special thanks to Matthew Tift and Marnie Karger for their perseverance in making data entry into two systems (for more than a year!). Thanks again to Kate Leith as well for all of her hard work in getting critical paperwork from the national UU office. We won't pay ONE DIME for unlimited web hosting and domain services because of her hard work.

I also want to mention our new board members: Dave Wahlstedt and Dan Larson replaced the very capable Laurie Gauer and Les Kraus as their terms expired this year. Sharon Dana is staying on as Treasurer for one more year, as is Steve Ryan and myself in our same capacities. I want to thank last year's board for being OUTSTANDING in their dedication to the Fellowship and for their support of my efforts as chair. Our new board members have already been working hard this summer in making improvements to the Fellowship!

Your turn to donate some time to the Fellowship comes on SATURDAY, AUGUST 30th from 8am - 2pm as we all participate in FALL CLEANUP DAY at the Fellowship. Come prepared to add value and have fun (Pizza will also be provided) as we have LOTS of things to accomplish before we resume our regular meeting schedule.

Beyond that, I look forward to seeing you at our water ceremony in September!

Programs

Sunday September 7, 2014 – Water Ceremony

Each Fellowship member and friend is invited to bring a small amount of water from a place that is special to him/her. Each of us will, one by one, pour our water into a larger vessel while we explain the significance of the water (where did the water come from, why does it have special meaning for us?). The Water Ceremony, also sometimes called "Water Communion," was first used in Unitarian Universalist worship in the 1980's.

Sunday September 14 and beyond

Check the Lake Fellowship website calendar for updates on future programs (http://www.lakefellowship.org/calendar).



Building Your Own Theology —

a new discussion group

As a lay-led congregation, we enjoy a wide variety of programs that only sometimes touch on spirituality. Rather than abandon our informative and entertaining program line-ups, we've launched a discussion group this summer that meets outside the normal hours of fellowship to dig a bit deeper into spirituality. In addition to having a more focused look into spirituality, these discussions also provide an opportunity for others to gather who maybe cannot attend our fellowship regularly.

The meetings are held weekly over the summer, on Sundays from 10:30 - 12:30, at the Lake Fellowship A-Frame. Once our new season of fellowship programs resumes on September 7th, we'll hold our meetings after the regular program, starting at around 12:30 p.m. This meeting time may change, and we'll keep the website calendar updated as we go (http://www. lakefellowship.org/calendar). Anyone and everyone is welcome to attend. You needn't bring anything but yourself and an open mind. Feel free to bring along any readings, quotes, or images that you'd like to share that help you explore and define your spirituality and belief. Children may also attend, but please note that there is no formal or supervised child care during the meeting. Several of us often bring our kids and allow them to either roam the woods

near the fellowship or engage in a quiet activity in the basement (reading, crafts, movie, etc.).

Our gatherings are informal and open-minded, and we usually focus on a particular topic or question to guide our discussion. New topics and questions, as well as the date of our next meeting, are determined at the end of each meeting. Contact Marnie Karger or Dave Wahlstedt for more information (marnie.karger@gmail.com or dwahlstedt@gmail.com). We look forward to seeing you there!

MOVIE NIGHT AT THE A-FRAME

Our next movie night is right around the corner on Saturday, September 20th. Join us for the movie at 7:00 pm or come early for pizza (6:30). If you have questions please contact Les Kraus (leskraus@gmail.com). Also, please tell Les if you plan to join us for pizza (unless you've already responded via SurveyMonkey). Kids are welcome too – bring their favorite DVD and we'll set them up downstairs.

A guaranteed fun evening!

LF Book club

The Lake Fellowship book club meets on the 3rd Sunday of every month. Everyone is welcome for potluck dinner at 6 pm and discussion at 7 pm.

During the summer we read the first two books of the Chief Inspector Gamache novels by Louise Penny, a Canadian writer. It was a fun read, and it was recommended that we read all of the current nine books in the series. The tenth installment will be out in a couple of weeks.

Marilyn Vialle will choose our first book for the next season and will let us know via our website (www.lakefellowship.org). The next meeting will be on Sunday, September 21st.

Web Connections...

Lake Fellowship Web Page: www.lakefellowship.org **Unitarian Universalist Association**, representing over 1000 lib-

Unitarian Universalist Association, representing over 1000 liberal congregations in North America: www.uua.org

Prairie Star District, the upper midwest district of the UUA: www.psduua.org

Friends and members of Lake Fellowship of Unitarian-Universalists are invited to

Sangha

...a community to practice mindfulness and compassion in the spirit of the Buddha

9:15 to 10:15 am, Sundays before the regular program at the A-Frame

All are welcome regardless of meditation experience.

Bring pillows or a meditation cushion

Questions? Contact either Peggy Muehlberg, 612-790-0242, mmuehlberg@gmail.com or Janice Leafer, 952-474-8256, j.leafer@mchsi.com

Newsletter Articles' Submission

The editors welcome articles or updates from Lake Fellowship committee heads or members for publication in our newsletter. The preferrred submission format is digital (copied to an email). Submissions can be sent to

Terry McGlynn: terrymcglynn@qwestoffice.net or Beatriz Aguerrevere: baguerff@mac.com

The deadline for submissions to the next Newsletter is Wednesday, October 15, 2014

What do Unitarian Universalists Believe? The Seven Principles of the Unitarian Universalist Association

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

This newsletter is published bi-monthly for the Lake Fellowship Unitarian-Universalists and friends. Editors are Terry McGlynn, 952-470-9501,terrymcglynn@qwestoffice.net and Beatriz Aguerrevere, 952-937-8725, baguerff@me.com

c/o Lake Fellowship, PO Box 174, Excelsior, MN, 55331.